



TIMELESS AFRICA
— SAFARIS —



KILIMANJARO PACKING GUIDE

This packing guide is based on our personal travels and is created for adults.

CLOTHING – BASE & CAMP

- 5 sports bras, 1 camp bra, 1 sleeping bra
- 8 panties + 1 period panty
- 6 pairs inner socks
- 4–5 pairs thick socks
- 3 thermal tops, 3 thermal pants
- Sleeping thermals (kept separate)
- Fleece pants (for camp/sleep)

CLOTHING – HIKING & OUTER LAYERS

- 2 light hiking pants
- 1 warm waterproof hiking pant
- 1 thin waterproof pants
- 1 leggings
- 1 rain jacket + 1 poncho
- 1 puffer jacket
- 1 fleece jacket + 2 thin fleeces
- 1 summit jacket (serious insulation)
- 1 snowboarding jacket (optional)
- 2–3 thin running/long-sleeve tops
- 2 t-shirts

ACCESSORIES

- Sunglasses (clear + tinted)
- Peak cap, bucket hat
- Beanies (sleep + day)
- Thermal buff + thin buff
- Gloves: inners + thermal + insulated/mittens
- Neck gaiter/balaclava
- Small national flag/banner for summit photos

BAGS & ORGANISATION

- Duffel bag (main bag carried by porters, max 15kg)
- Daypack (for daily essentials)
- Dry bags (to separate gear, protect from rain)
- Packing cubes
- Laundry bag
- Shoe bag (dirty shoes)
- Waist pouch
- Toiletry bag
- Medicine bag
- Sleeping kit bag

SLEEPING KIT

- Sleeping bag + liner
- Pillow & pillowcase
- Earplugs
- Eye mask
- Bag for electronics inside sleeping bag
- Sleeping pad (basic pad provided, bring an inflatable if extra comfort needed)

FOOTWEAR

- Hiking boots (well broken in)
- Trail runners
- Camp slippers



TOILETRIES & HYGIENE

- Toothbrush, toothpaste, floss
- Dry shampoo
- Toilet paper, tissues, wet wipes
- Lip ice with SPF
- Body lotion, face cream (day/night)
- Sunscreen cream + stick
- Deodorant
- Small mirror, hair brush, elastics
- She-wee + pee bottle
- Nail kit
- Biodegradable toilet bags
- Razor, shampoo & conditioner

MEDICINE & FIRST AID

- Diamox (consult doctor)
- Pregnazone
- Antibiotics
- Magnesium, zinc, Slow Mag
- Anti-nausea, Imodium, Movicol
- Antihistamines, nasal spray, eye drops
- Painkillers: Panado, Myprodol
- Rehydrate sachets
- Blister plasters, Vaseline, heating cream
- Mosquito repellent
- Personal prescriptions
- Basic first-aid kit

TECH & POWER

- Head torch + spare batteries
- 2 power banks
- Phone + cables
- Plug adapter
- Watch cable, headphones
- Camera/GoPro + spare batteries

EXTRAS

- Hand warmers
- Small hot water bottle
- Safety pins, washing line, locks
- Playing cards, Monopoly Deal
- Kindle, journal & pen
- Letters from home
- Cash for tips (small denominations, USD preferred)

SNACKS

- Sweets (Halls, hard candy, chocolate)
- Energy gels (2 per day for summit)
- ut and oat bars
- Peanut butter bars
- Biltong, peanuts & raisins
- Oreos or shortbread for the summit

TRAVEL LOGISTICS & ADMIN

- Valid passport & Tanzanian visa (recommend e-visa before travel)
- Yellow fever certificate (if transiting endemic areas)
- Travel insurance covering up to 6,000m
- Flight details & airport transfers (JRO recommended)
- Arrive in Moshi at least 2 days early for acclimatization